

Good Shepherd News & Notes

Lent V: March 17, 2024

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Services broadcast live Sundays at 8 am & 10:30 am
and Wednesdays at 6:30 pm



THE LITANY

by Pastor Adam Moline

During the season of Lent, a tradition that we follow at Good Shepherd is to pray the Litany for the prayer of the church on Sundays and Wednesdays. This prayer is one of the oldest prayers still in use in the Christian Church. In fact, Luther called it one of the greatest prayers ever, behind the Lord's Prayer of course. However, because we aren't especially familiar with it, sometimes we miss the structure and design of the Litany.

The Litany has its source in two places. First it is based on the words of Psalm 136, with its repetitive refrains. Secondly, it is based upon the 9-fold kyrie of the old Roman Catholic worship rite. It is originally used regularly between the Sermon and the Service of the Sacrament, where our prayers are still located today. In fact, our regular prayers still retain a shadow of their source in the Litany.

Our version is based specifically on Luther's revision of the Great Litany of 1529. He revised the prayer for Christians to pray in support of the 10,000 defenders of the city of Vienna, who were besieged (and withstood) by 100,000 Ottoman Turks. He purged away some of the errors that had crept in, for example the invocation of the saints, allowing the prayer to be directed solely to the Triune God.

It consists of the following parts: Kyries (Greek for "Lord"), Deprecations (Prayer to divert evil), Obsecrations (Prayer of beseeching), Supplications (Earnest Requests), Intercessions (Asking God to intervene in our world), and the Agnus Dei (Lamb of God).

- Kyries- "Lord Have Mercy". The petitioner prays these words 9 times...3 times for each person of the Holy Trinity. This reminds us of the God to whom we pray, Father, Son and Holy Spirit. Note the second kyrie makes this clear by naming the Persons of the Trinity. The first and third also indicate this by making clear Christ ("O Christ").
- Deprecations- "From all sin....deliver us". Deprecations indicate the things that afflict us, to which we often give in. In other words, the problems that often separate us from God: sin, evil, the devil, death, pestilence and famine, etc. We ask God to deliver us from these things. Note the reflection of the final petition of the Lord's Prayer, "Deliver us from evil."
- Obsecrations- "By the mystery of your incarnation...help us." Obsecrations indicate the rationale for our requests from God. Why is it that we can ask God to deliver us? Because he took on our flesh (incarnation) was born, suffered, died and rose from the dead. The **only** rationale by which we may ask God for mercy is by the works of Christ. (Titus 3: 5)

(see page 2)

- Supplications- "In all times of our tribulation...help us." Supplications are personal requests. Note that in this section the pronoun is "our". We are asking God to be with us as a group of individuals in these specific ways, to keep us in the faith trusting in Christ. In fact, for us as individuals there is nothing more important. This is the shortest section, because all our needs ultimately can be summarized with the words of the prayer.
- Intercessions- "To rule and govern...we implore you to hear us, Good Lord". Intercessions are prayers for other people, governments, and groups including even our enemies. This is the longest section, for the church in faith towards God spends more time praying for others needs than her own. We pray for the church to be united, for an end to heresies and divisions, and for the crushing of Satan. We pray for those who are struggling with or falling from the faith. We pray for peace in our world and land, for our rulers, those in danger, and those who travel. We pray for parents, especially mothers with their special and important tasks, for how else could the church move into the next generation? We pray that our enemies may be forgiven, repenting of their sins, and for God to provide all we need to support our bodies and lives.
- Agnus Dei- Finally, we have an *Agnus Dei*, which is Latin for "Lamb of God". It is prayed three times, to indicate very clearly that the only true God is revealed through Jesus Christ. This echoes the words of St. John the Baptist, who points to Christ specifically in the Gospels using these words.

After this, it is possible to pray a specific collect (short prayer) that further requests items of God, but at this time we have not introduced that practice here at Good Shepherd. Besides this basic format the litany may be slightly modified for use in Ash Wednesday, Maundy Thursday, Easter Vigil, and the Commendation of the Dying services. It also is a good one to pray regularly with your family, so that it is familiar when these other events arise.

My prayer is that as you now pray the Litany, you have a clearer picture of what is happening. It is more than just reading words on the page, it is a participation in the same prayer that Christians have prayed for almost 2000 years, making specific requests of God. If you have any additional questions, please let Pastor Goodroad or myself know!

MISSION PROJECT FOR MARCH

Women's Care Center provides free confidential counselling, support, education and ultrasounds for women facing unexpected pregnancies. This organization will be our mission project for March of 2024.

"I've never felt love like this before!" You can help moms like Hayley fall in love! She says, "I came here with so much worry, but the ultrasound brought me so much peace." Of baby Kaylynn she says, "I want to do everything I can for her, and Women's Care Center helped me to do that. It was magic when she first laid on my chest. Thank you for helping me to arrive at that moment."

Kaylynn is just one of the babies born, loved and nurtured last year. We can help to make it possible for mothers to value and nurture their babies. There is literature on the table and envelopes for your donations to help these mothers, fathers, and babies.

CHRISTIAN EDUCATION TUITION GRANTS

Christian education grant funding is available annually upon application to eligible and approved members of Good Shepherd Lutheran Church to financially support the Christian education of its children through homeschooling, or LCMS education. **A letter covering the guidelines and procedures and separate applications are located on the bulletin table in the narthex** for those who are interested. Please fill out one application for each child and return to the church office or to Ken Knaus.



PRAYERS FOR THE WEEK

If you have a prayer request, please contact the church office at (402) 423-7639. Your request will appear for 6 weeks. If you would like to keep it on the prayer list, you may

call during the 6th week to renew it.

- **Barb Poppe**, with short-term memory issues (1)
- **Leena Mackey**, grand-daughter of Linda Clark, with continued medical issues (4)
- **Elaine Egner**, that her chemo and radiation treatments would be successful (3)
- **Peggy Cather**, doing rehab and recovering at home (3)
- **Barbara Kumm**, recovering from a fall (6)
- **Greg Kurtzer**, recovering from surgery (6)
- **Don Olson**, recovering from a knee replacement (3)
- **Pastor Scott Porath**, having medical issues (1)
- **Larry Baack**, brother of Pam Jensen, recovering from sepsis (6)
- **Anne Nelson**, daughter-in-law of Arlene Nelson, hospitalized and undergoing tests (3)
- **Trudy**, friend of Angela Von Busch, hospitalized with health issues (3)
- **Marilyn Rice**, hospitalized in Tucson, AZ (3)
- **Mike**, friend of Holly Herrod, recovering from surgery for a broken wrist (3)
- **Karen**, sister of Janice Densberger, diagnosed with Parkinson's disease (2)
- **Lori Mader**, daughter of the Densbergers, diagnosed with breast cancer (2)
- **Lori Sidlo**, dealing with continuing health problems (1)
- **Ben Sandman**, recovering from a mystery illness at home (2)
- **Robert Nichols**, grandfather of Grace Marshall, in declining health and struggling with fear & uncertainty about his faith (4)

- **Ramon Marcano**, struggling with family issues (4)
- **John Proescholdt**, cousin of Barb Proescholdt, dealing with a new diagnosis of bone marrow cancer (4)
- **Eleanor Ann**, Bob & Sondra Rathjen's great granddaughter, born prematurely, for her normal development and strength. (4)
- **Maurice Lange**, hospitalized (2)
- **Dee Crisler**, with health issues (2)
- **Tanya Schlamann**, former member of Good Shepherd, thanksgiving for a successful lung transplant and prayers for recovery and blessings on anti-rejection treatments (2)
- **Nick Hyde**, that he would receive the certification he needs before a trip to Minnesota (1)
- **Sarah Stepp**, starting on a new medication for EOE. Pray that it will work to bring healing and that insurance issues are eliminated. Pray also that her celiac disease continues to be responsive to just a gluten-free diet (1)
- **The family of Gary Chura, brother-in-law of Maureen Marshall**, who was taken to his eternal home this week

KNNA-LP 95.7FM NOTES

With our Wednesday evening service here at Good Shepherd, we have the opportunity to recognize and celebrate many of the "minor festivals" on the church's calendar. One of the many original programs produced by KNNA-LP 95.7 The Cross is Proclaiming the One — Majoring in the Minors. Each episode briefly recounts the history of the festival, feast day or occasion, and then provides an in-depth look at the Scripture readings appointed for the day. Thanks for listening!

"True humility is not thinking less of yourself; it is thinking of yourself less."

C. S. Lewis

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STEWARDSHIP MOMENT— Genesis 22: 2 — “He said, ‘Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I shall tell you.’” It’s hard for us to even fathom a faith as strong as Abraham’s — he follows the Lord’s Word even when it seems impossibly hard. But he does so because he knows that the Lord only means to bless. What happened here to Abraham should be an encouragement for us: trust the Lord and keep His Word.



BIRTHDAYS & ANNIVERSARIES (March 17 thru March 23)

People celebrating birthdays are:

Verneda Gerdes	Adilyn Damme
Ashley Shubkagel	Jerry Sidlo
Lindsey Reinke	Ken Knaus
Jackson Meyer	Teri Wright
Maddy Stolcpart	Adam Mankin
Barb Proescholdt	

Couples celebrating anniversaries are:

Tim & Jenny Higgins
Marvin & Joyce Thompson

LIFE MOMENT

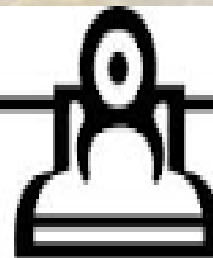
Nothing and nobody comes into existence apart from the will and the Word of the Lord. This means that God desires the survival of every human life from fertilization to forever. We may not know what tomorrow holds, but we know who holds tomorrow.

LENTEN MEALS

Lenten services began on Wednesday, February 14th with Ash Wednesday. The following dates and menus are scheduled for meals from 5-6 pm. Free-will donations will go towards a project of the group’s choice. Lenten services will be at 4pm and 6:30 pm.

March 13 — Marc Huff & Crew (Baked Potato Bar) Funds to ?

March 20 — Indgiers (Baked Pasta) Funds to Narthex improvements



FINANCIAL INFORMATION
MARCH 10, 2024

WEEKLY BUDGET NEED:
\$ 11,184.00

ATTENDANCE:
WED., MARCH 6: 122
MATINS, MARCH 7: 34
SUN., MARCH 10: 212

GENERAL FUND OFFERING:
\$ 6,160.00

OUR OUTSTANDING MORT-
GAGE: \$ 1,636,542.68

Our goal is to pay off the mortgage by 2030. We need \$2,300 per week donated in principal only payments to accomplish this.

Between Jan 1 & March 10, 2024
We have received
\$ 26,358.04
in principal only gifts.

Vicarage Fund Jan 1 — March 3,
2024:
\$ 20,708.00

SERVING AT GOOD SHEPHERD THIS WEEK:

DOORKEEPERS: (Sun., March 17): 8 am: Brodbeck
10:30 am: Fitzgerald
(Wed., March 20): 4 pm:
6:30 pm: Indgjers

ELDER TODAY: (Sun., March 17): Matt Phillips
(Wed., March 20): Matt Phillips

USHERS: (Sun., March 17) 8 am: Schnell, Wilkens, Graphenteen, Huff
10:30 am: Princes, Klutzes
(Wed., March 20): 4 pm: Brodbeck, Eckhoff
6:30 pm: Civic, Schmidt, Kaldahl, Huff

ACOLYTES: (Sun., March 17) 8 am: Nolan Keller
10:30 am: Anthony Pflanz
(Wed., March 20): Rhett Bauer

ALTAR GUILD ASSISTANT: (Sun., March 17): Chloe Lichtenfeld
(Wed., March 20): Raiya von Rentzell

COMMUNION SET-UP: (Sun., March 17): Dee Crisler
(Wed., March 20): 4 pm: Arlene Nelson
6:30 pm: Paula Erickson

COMMUNION CLEAN-UP: (Sun., March 17): Sheila Turek

COFFEE SERVERS: (Sun., March 17): Bryan & Sandy Prenosil

PANCAKES FOR PCAN EVENT: A THANK YOU

Dear Friends,

I would like to thank you for your ongoing support of the Pancakes for PCAN event hosted at Good Shepherd Lutheran each year! The 2024 event was an amazing success for Nebraska families in need raising over \$7,000 with some financial match grants! Proceeds from the Pancakes event will benefit Lincoln area families fighting a childhood cancer diagnosis. We appreciate all the volunteers who helped to make this event a great success! We are honored to partner with you through this event and hope that each family we serve with these funds will feel the love of Christ through your donations of time and money. Thank you for being a blessing to these families in need!

Sincerely,
Karri Ahlschwede, Co-Founder and Board of Directors

ACELC CONFERENCE

You are invited to come to Holy Cross Lutheran Church in Kansas City, MO on June 18-19, 2024 for the ACELC annual conference. A range of presenters will offer their perspectives on the issues facing the Lutheran Church — Missouri Synod. This year's conference is shortened from 3 days to 2 days to make your attendance more convenient and affordable. Check the ACELC website for updates on speakers and topics and for registration details.

PREGNANCY CENTER THANK YOU

We are so thankful for your generous gift of \$492 to the Pregnancy Center in February. Thanks to your partnership the center continues to improve and increase our outreach marketing to young women at risk. The Pregnancy Center is in a battle for the lives of children and the hearts of their mothers. Thanks for standing with us!

GOOD SHEPHERD SHUT-IN MEMBERS:

Several of our shut-in members have requested to be listed in the News & Notes in order that members might pray for them.

Ron Amack (at home)
Betty Bluhm (at The Grand Lodge)
Joe & Sharon Burke (at home)
Jim & Peggy Cather (at home)
Elaine Egner (at home)
Shirley Kalina (Pemberly Place)
Janet Kniep (at home)
Tish Loomis (at home)
Dorian Merritt (at home)
Cindi Olson (Country House)
Dean Posner (Holmes Lake Rehab)
Alice Urbach (at home)

Anita Armitstead (at home)
Irma Brandt (Yankee Hill Village)
Jim & Marilyn Carr (at home)
Georgene Duer (at home)
Verneda Gerdes (at home)
Arlyss Ketelsen (at home)
Jerry Kohl (The Woodlands)
Lynda Mahloch (Legacy Estates)
Brent & Cherie Travis (at home)
Francine Poppe (Azria Health, Central City)
Marvin & Joyce Thompson (The Landing)
Don Wiese (Southlake Village)

On the tall table next to the pro-life display is a way for you to send birthday and anniversary greetings to our shut-in members. There are cards to sign or you may write a short note to those having birthdays and anniversaries in the current month. Beginning on **March 10th** there will be cards available for **Arlyss Ketelsen, Darla Posner, and Brent Travis** as they celebrate their birthdays. Thank you to everyone who has taken advantage of these opportunities to stay in touch with our shut-in members.

EASTER LILIES

Easter lilies are used to beautify our sanctuary in celebration of our Savior's resurrection. The lilies are available this year at the cost of **\$15** each. A sign-up table is located in the narthex. If paying by check, please make the check payable to Good Shepherd and designate that it is for flowers. If you would like to designate your lily in honor of or in memory of someone, please write this on the envelope.



EASTER BREAKFAST

The youth, with the help of Dee Indgjer, will be serving an Easter Breakfast Potluck this year! **We are asking members to bring in their favorite baked goods, ready-to-serve fruit or other breakfast, snacky food** they would like to share with their fellow church members. Muffins, bars, cookies, nutter-butters, cheese sticks, Gogurt, pudding, cantaloupe in manageable pieces, cut up strawberries and cleaned grapes are all welcome additions!

Feel free to bring them to church ahead of time and leave them in the kitchen fridge or on the counter. The youth will take it from there. Thank you for your help and remember "He is Risen".

LUTHERAN WITNESS SUBSCRIPTIONS

You may have noticed the reprints from the Lutheran Witness from time to time in the News and Notes. If you would like to be a subscriber, please sign up at the high table next to the north stairway to the balcony. Your subscription would begin with the June/July issue and will include 10 more monthly issues for \$20.65. You may pay for your subscription using envelopes labeled "Lutheran Witness" found next to the sign-up sheets. If you put cash in the envelope, please include your name so that we can give you credit for a paid subscription. The **deadline to subscribe is Sunday, March 17th.**