

Good Shepherd News & Notes

Lent III : March 3, 2024

3825 Wildbriar Ln., Lincoln, NE 68516
Church Office: (402) 423-7639
E-mail: info@goodshepherdlincoln.org
Website: www.goodshepherdlincoln.org

KNNA radio: 95.7FM or www.thecross957.org
Services broadcast live Sundays at 8 am & 10:30 am
and Wednesdays at 6:30 pm



Rev. Paul T. McCain

WHEN YOU FAST . . . (continued)

Fasting for You

During the Sermon on the Mount, Jesus spoke against fasting as a means of salvation. Instead, He commended fasting as a private, voluntary act of humility before God (Mt. 6: 16-18). Take a few moments now to read His words and reflect on your own devotion. If you are like most people, You have thought more about dieting than fasting. It is hard to imagine a daylong fast. No doubt fasting for 40 days like Jesus did after His Baptism is out of the question. Yet our Lord's word clearly reveal that fasting should be a part of a Christian's life: He said, "When you fast" (Mt. 6: 16), not "If you fast" (cf Mt. 9: 14-15). The early Christians fasted (Ac 13: 2-3; 14: 23). Why shouldn't a twenty-first-century Christian do likewise? As you fast, let the feelings of hunger you experience remind you to pray. Spend the time you would normally spend eating by reading God's Word and meditating on the Gospel of Jesus Christ. Through His Word, the Lord will bless and nourish you. "Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry, and He will say, 'Here I am'" (Is. 58: 8-9).

How You Might Fast

Consider fasting for a meal or two before partaking of the Lord's Supper. Spend your extra time studying God's Word and singing Communion hymns. Fasting during Lent can be a wonderful way to remember the perfect obedience of Christ and His sacrifice for your salvation. Money not spent on food may be donated for the poor. You might follow this routine for a daylong fast: (1) rise before dawn and eat breakfast; (2) examine yourself as you would prior to partaking of the Lord's Supper; (3) offer your life to God in penitent prayer; (4) go about your day, breaking your fast at evening. If you are diabetic, fasting could be hazardous. Check with your doctor. Do not consider fasting as a dieting program. If abstaining from food is not possible, consider abstaining from something else. For example, turn off your television and spend time in prayer and study of God's Word.

Source: The Lutheran Study Bible, pg. 189.

KANTOREI LENTEN TOUR FROM CONCORDIA SEMINARY

Lenten Evening Prayer will be coming to the Iowa, Kansas, Missouri area from Saturday, March 2 through Sunday, March 17. The closest event to Lincoln will be at St. Paul Lutheran Church, 239 Frank St, Council Bluffs, IA at 7 pm on Thursday, March 7th. For lovers of sacred music this is a great opportunity to hear seminary pastoral students from CTS in Ft. Wayne, IN. sing choral music at its finest. Admission is free. For more information go to www.ctsfw.edu and click on "events".

MISSION PROJECT FOR MARCH

Women's Care Center provides free confidential counselling, support, education and ultrasounds for women facing unexpected pregnancies. This organization will be our mission project for March of 2024.

"I've never felt love like this before!" You can help moms like Hayley fall in love! She says, "I came here with so much worry, but the ultrasound brought me so much peace." Of baby Kaylynn she says, "I want to do everything I can for her, and Women's Care Center helped me to do that. It was magic when she first laid on my chest. Thank you for helping me to arrive at that moment."

Kaylynn is just one of the babies born, loved and nurtured last year. We can help to make it possible for mothers to value and nurture their babies. There is literature on the table and envelopes for your donations to help these mothers, fathers, and babies.

"LUTHERANISM IN A POST-CHRISTIAN AMERICA"

This is the theme for Luther Classical College's second annual Christian Culture Conference on June 4th and 5th at Trinity Lutheran Church in Casper, WY. Cost for this 2-day event is \$125/ person, \$200/couple or \$250/family. For more information or to register, go to www.lutherclassical.org and click on "Conference".

CHRISTIAN EDUCATION TUITION GRANTS

Christian education grant funding is available annually upon application to eligible and approved members of Good Shepherd Lutheran Church to financially support the Christian education of its children through homeschooling, or LCMS education. A letter covering the guidelines and procedures and applications are located on the bulletin table in the narthex for those who are interested. Please fill out one application for each child and return to the church office or to Ken Knaus.

OFFERING ENVELOPES

Please do not use offering envelopes for 2023. If you were not issued a box of envelopes for 2024 and would like one, please contact the church office at (402) 423-7639 and we will get a box for you. Thanks!



WEDDING INVITATION

We would like to invite the members of Good Shepherd to rejoice with us on the day of our wedding, March 2, 2024. The Office of Vespers with the Rite of Holy Matrimony will begin at 2:30 in the afternoon. Please join us in celebrating our marriage in Christ.

Blessings in Christ,
Jessica Burow & Noah Kerstein



PRAYERS FOR THE WEEK

If you have a prayer request, please contact the church office at (402) 423-7639. Your request will appear for 6 weeks. If you would like to keep it on the prayer list, you may

call during the 6th week to renew it.

- **Barb Poppe**, with short-term memory issues (6)
- **Leena Mackey**, grand-daughter of Linda Clark, with continued medical issues (2)
- **Gary Chura**, brother-in-law of Maureen Marshall, in hospice care with pancreatic cancer (2)
- **Elaine Egner**, that her chemo and radiation treatments would be successful (1)
- **Peggy Cather**, doing rehab and recovering at home (1)
- **Jerry & Lori Sidlo**, having medical issues (6)
- **Jeremy Janssen**, friend of Rich Lichtenfeld, recovering from a stroke (6)
- **Taylor**, grand-daughter of Holly Herrod, for continued recovery (6)
- **Judy**, mother of Wendy Stepp, for quick recovery from surgery (5)
- **Brent Travis**, diagnosed with a lung disease. Pray for comfort and guidance (5)
- **Ken Marshall and family**, father of Grace Marshall, with ongoing health problems (6)
- **Olga Wilhoite**, friend of Barbara Kumm, who is near death (5)
- **Barbara Kumm**, recovering from a fall (4)
- **Greg Kurtzer**, recovering from surgery (4)
- **Don Olson**, recovering from a knee replacement (1)
- **Pat Perrin**, mother of David Perrin, for successful recovery following knee surgery (5)
- **Larry Baack**, brother of Pam Jensen, recovering from sepsis (4)
- **Corbin Moss**, friend of Karen Kammann, recovering from RSV (1)
- **Robin Kister**, sister of Pastor Poppe, for healing following surgery (3)

- **Melinda**, friend of Wendy Stepp, for successful medical treatment (5)
- **Robert Nichols**, grandfather of Grace Marshall, in declining health and struggling with fear & uncertainty about his faith (3)
- **Ramon Marcano**, struggling with family issues (3)
- **John Proescholdt**, cousin of Barb Proescholdt, dealing with a new diagnosis of bone marrow cancer (3)
- **Eleanor Ann**, Bob & Sondra Rathjen's great granddaughter, born prematurely, for her normal development and strength. (3)
- **Joyce Clark**, friend of the Rathjens, diagnosed with cancer and recovering from a stroke (1)
- **Maurice Lange**, hospitalized (1)
- **Dee Crisler**, with health issues (1)
- **Tanya Schlamann**, former member of Good Shepherd, thanksgiving for a successful lung transplant and prayers for recovery and blessings on anti-rejection treatments (1)

NEW KNNA SCHEDULES

New schedules for Good Shepherd's radio station (KNNA-LP 95.7FM) are available on the table where you can pick up your bulletins in the narthex. Some discontinued programming has been deleted and new offerings have been added. On the back of the new schedules is a summary of the changes. The KNNA board is planning to apply for Recognized Service Organization status from the Lutheran Church — Missouri Synod. Questions can be addressed to Curt Christiansen, Joe Ehrich, Pastor Poppe, or Pastor Goodroad.

TREATS FOR SUNDAYS

Needed: treats for Sunday morning Bible study. If you would like to bring treats, please call Sharon Wilkens at (402) 499-7064 for details and to reserve your Sunday. Thanks.

Good Shepherd News & Notes

STEWARDSHIP MOMENT— Ephesians 5: 1-2 – “Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us.” Our sanctification flows from the justification which we have received in Christ. His love for us transforms us into His image. This is why the Bible talks so much about giving — we are to imitate God in His generosity. If you want to walk in the footsteps of your Heavenly Father, seek mercy, kindness and open-handed generosity.



*Be imitators of God,
as beloved children.*

BIRTHDAYS & ANNIVERSARIES (March 3 thru March 9)

People celebrating birthdays are:

Shelley Kurtzer	Judy Poore
Michelle Schnell	Derek Poppe
Sam Eisenmann	Braxton Beed
Paula Erickson	Karen Kammann
Pastor Thomas Goodroad	

Couples celebrating anniversaries are:

None this week

LIFE MOMENT

The Lord God closely associates life and family. He stands commands about parenting and marriage on either side of the prohibition against killing (Ex. 20: 12-14). He holds human life as highest priority and will not accept any other creatures as replacement (John 2: 15-16). Body and sexuality serve to enrich life — our own as well as one another's — and not to eliminate it.

LENTEN MEALS

Lenten services began on Wednesday, February 14th with Ash Wednesday. The following dates are available for groups interested in serving a meal from 5-6 pm. Free-will donations will go towards a project of the group's choice. Please contact Sarah Kaldahl at 660.238.7327 to schedule. Lenten services will be at 4pm and 6:30 pm.

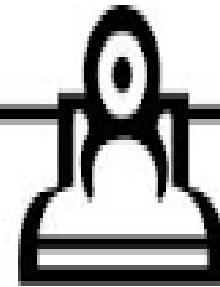
Feb. 28 — Church Council (Sloppy Joes) Funds to interior painting & upkeep

March 6 — Elders (Soup) Funds to the Vicarage Fund

March 13 — OPEN

March 20 — Indgjers (Baked Pasta) Funds to Narthex improvements

Funds on Feb. 21 for Parish Education: \$384.00



FINANCIAL INFORMATION FEBRUARY 25, 2024

WEEKLY BUDGET NEED:
\$ 11,184.00

ATTENDANCE:
WED., FEB 21: 125
MATINS, FEB 22: 42
SUN., FEB 25: 258

GENERAL FUND OFFERING:
\$ 8,357.25

OUR OUTSTANDING MORTGAGE: \$ 1,636,542.68

Our goal is to pay off the mortgage by 2030. We need \$2,300 per week donated in principal only payments to accomplish this.

Between Jan 1 and Feb. 25 2024
We have received
\$ 10,163.00
in principal only gifts.

Principle Only Gifts from
Oct. 2022– Dec. 31, 2023
\$ 207,886.19

Vicarage Fund Jan 1 — Feb. 25,
2024:
\$ 20,328.00

SERVING AT GOOD SHEPHERD THIS WEEK:

DOORKEEPERS: (Sun., March 3): 8 am: Harnett
10:30 am: Perrin
(Wed., March 6): 4 pm:
6:30 pm: Ruth Cheek

ELDER TODAY: (Sun., March 3): Mark Reinke
(Wed., March 6): Mark Reinke

USHERS: (Sun., March 3) 8 am: Stepps, Sidlo, Brodbeck
10:30 am: Novaks, Klutzes
(Wed., March 6): 4 pm:
6:30 pm: Indgjers, Kaldahl, Graphenteen

ACOLYTES: (Sun., March 3) 8 am: Brantley Reinke
10:30 am: Sawyer Shubkagel
(Wed., March 6): Kyler Cover

ALTAR GUILD ASSISTANT: (Sun., March 3): Brileigh Twarling
(Wed., March 6): YuNa Kort

COMMUNION SET-UP: (Sun., March 3): Deb Burow
(Wed., March 6): 4 pm: Deb Burow
6:30 pm: Karen Huff

COMMUNION CLEAN-UP: (Sun., March 3): Suzie Znamenacek

COFFEE SERVERS: (Sun., March 3):

FOOTSTEPS OF ST. PAUL TOUR

Join Pastor Michael Awe in this wonderful opportunity to have St. Paul's letters come alive as we travel to some of the places where Christ led him to share the Gospel. Here we will see the Bible come alive with the beautiful locations of the early Christian Church. We will enjoy sights including Athens, Corinth, Mykonos, Ephesus, Patmos, Thessaloniki, and many others. Also part of this tour is a 3-day cruise to the Greek Isles and Turkey. The dates for this wonderful tour are **October 29 – November 8, 2024**. We will be departing from and arriving back at the Omaha airport. The price for this trip which includes transportation, tours, hotels, and most meals is **\$4,379 per person based on double occupancy**. If you would like to receive a brochure, please contact Pastor Awe at the 1revma@gmail.com or call him at 531-218-5793.

CRAFT AND VENDOR FAIR

The Peace Lutheran Church Youth Group would like to invite you to attend their Third Annual Spring Into Crafts and Décor Vendor Fair on March 16th. The youth host this annual event as a fundraiser for the 2025 LCMS Youth Gathering. This year we have a wide variety of crafts and vendors attending. Baked goods, jewelry, 3-D printed items, permanent jewelry, kitchen items, sewn/knitted/crocheted items, home décor, health/beauty items, clothing and more will be available.

A local coffee store, Patina Joe's will also be attending with coffee for sale. The Spring Into Craft and Décor Vendor Fair is on **March 16 from 10 am– 4 pm at Peace Lutheran Church, 9831 N. 145th St., Waverly, NE 68462** and there is no cost to attend.



GOOD SHEPHERD SHUT-IN MEMBERS:

Several of our shut-in members have requested to be listed in the News & Notes in order that members might pray for them.

Ron Amack (at home)
Betty Bluhm (at The Grand Lodge)
Joe & Sharon Burke (at home)
Jim & Peggy Cather (at home)
Elaine Egner (at home)
Shirley Kalina (Pemberly Place)
Janet Kniep (at home)
Tish Loomis (at home)
Dorian Merritt (at home)
Cindi Olson (Country House)
Dean Posner (Holmes Lake Rehab)
Alice Urbach (at home)

Anita Armitstead (at home)
Irma Brandt (Yankee Hill Village)
Jim & Marilyn Carr (at home)
Georgene Duer (at home)
Verneda Gerdes (at home)
Arlyss Ketelsen (at home)
Jerry Kohl (The Woodlands)
Lynda Mahloch (Legacy Estates)
Brent & Cherie Travis (at home)
Francine Poppe (Azria Health, Central City)
Marvin & Joyce Thompson (The Landing)
Don Wiese (Southlake Village)

On the tall table next to the pro-life display is a way for you to send birthday and anniversary greetings to our shut-in members. There are cards to sign or you may write a short note to those having birthdays and anniversaries in the current month. **There are birthday cards to sign for Verneda Gerdes and Elaine Egner and an anniversary card for Marvin & Joyce Thompson. These cards will be available until March 6th.** Thank you to everyone who has taken advantage of these opportunities to stay in touch with our shut-in members.

EASTER LILIES

Easter lilies are used to beautify our sanctuary in celebration of our Savior's resurrection. The lilies are available this year at the cost of **\$15** each. A sign-up table is located in the narthex. If paying by check, please make the check payable to Good Shepherd and designate that it is for flowers. If you would like to designate your lily in honor of or in memory of someone, please write this on the envelope.



EASTER BREAKFAST

The youth, with the help of Dee Indgjer, will be serving an Easter Breakfast Potluck this year! We are asking members to bring in their favorite baked goods, ready-to-serve fruit or other breakfast, snacky food they would like to share with their fellow church members. Muffins, bars, cookies, nutter-butters, cheese sticks, Gogurt, pudding, cantaloupe in manageable pieces, cut up strawberries and cleaned grapes are all welcome additions!

Feel free to bring them to church ahead of time and leave them in the kitchen fridge or on the counter. The youth will take it from there. Thank you for your help and remember "He is Risen".

LUTHERAN WITNESS SUBSCRIPTIONS

You may have noticed the reprints from the Lutheran Witness from time to time in the News and Notes. If you would like to be a subscriber, please sign up at the high table next to the north stairway to the balcony. Your subscription would begin with the June/July issue and will include 10 more monthly issues for \$20.65. You may pay for your subscription using envelopes labeled "Lutheran Witness" found next to the sign-up sheets. If you put cash in the envelope, please include your name so that we can give you credit for a paid subscription. The **deadline to subscribe is Sunday, March 17th.**